

Gulf Star team are delighted to announce our Term two activities at Hartland International 2017. All the below activities will start from **Thursday 5th January 2017**. If you have any queries or question, please do not hesitate to contact us on the following details.

Web - www.gulfstarsports.com **Facebook** - www.facebook.com/gulfstarsports **Email** - info@gulfstarsports.com **Phone** – 056 3794021 (Gordon)

Child Details	Childs Name:		Date of Birth:	
	Family Name:		Gender:	<input type="checkbox"/> Male <input type="checkbox"/> Female
	School Class:		Medical conditions:	
Parents Details	Mother	Name:	Father	Name:
		Contact Number:		Contact Number:
		Email Address:		Email Address:

Day	Activity	Class Name	Provider	Available to	Time of class
Sunday	<input type="checkbox"/> Kung Fu	Kung Fu kids	Golden Eagle Martial Arts	FS1 & FS2	1.30 to 2.30
Monday	<input type="checkbox"/> Soccer	Mini Kicks	IFA Football	FS1 & FS2	1.30 to 2.30
Tuesday	<input type="checkbox"/> Cricket Cubs	Cricket Cubs	ICC Academy	FS1 & FS2	1.30 to 2.30
Wednesday	<input type="checkbox"/> Karate	Karate Skills	Gulf Star Martial Arts	FS1 & FS2	1.30 to 2.30
	<input type="checkbox"/> Ballet	Pre-Primary & Primary Ballet	Gulf Star Dance	FS1 & FS2	1.30 to 2.30
Thursday	<input type="checkbox"/> Gymnastics	Primary Gymnastics	Gulf Star Gymnastics	FS1 & FS2	1.30 to 2.30

Parent Consent

I consent to allow my son/daughter to participate in Gulf Star Activities. I understand that there is a coherent risk of injury, loss and damages associated with participating in Gulf Star activities at Hartland International School. In recognition of such risks, and as consideration for the right to participate in the activities, I knowingly and voluntarily enter this waiver and release of liability, and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my child’s participation in Gulf Star Activities at Hartland International School. I therefore release and forever discharge Hartland International School, Gulf Star and their instructors or partners from any and all liability, claims, demands, damages, actions, or causes of action which may arise as a result of my child’s participation in their activities. I authorise Gulf Star and their instructors to administer First Aid as well as seek medical support as and when deemed appropriate at Hartland International School. I confirm that I have disclosed all medical conditions at the time of registration and on this form. I understand that Gulf Star reserves the right to make any necessary changes to the program and that credit is only available where Gulf Star does not incur cost as a result of cancelation this includes late notice cancelation and unexplained absence. I also give my permission for my son/daughter to be photographed and that Gulf Star has to right to publish these images for promotional and advertising purposes.

Signed _____ Parent/guardian

Logo	Description	Classes Available	Timings & Cost
	<p>Gulf Star are pleased to introduce our new Head Karate coach from the UK. Coach Alex is a 3rd Dan Black Belt in Shotokan Karate and former European and World medalist along with multiple British and English titles. Coach Alex is a highly-experienced English Karate Federation coach who also holds a BSc Degree in Sport Science for Performance Coaching.</p> <p>The course plan includes basic blocking and attacking through games and exercises in a controlled environment. The objective is to teach students the art of Karate in a fun and challenging way, with emphasis on the ancient Japanese discipline.</p>	<p>Karate is a traditional Japanese martial art system of offensive and defensive techniques utilizing the various parts of the body as weapons and shields. Karate traces its roots to the island of Okinawa, Japan. The original form was known as Okinawa-te, which developed into Karate (the empty hand). The most popular form of Karate, Shotokan, was founded by Gichin Funakoshi.</p> <p>Karate lessons are available in the style of Shotokan Karate. Graduation through the belts is the main aim of these courses along with enjoyment, fitness and training.</p>	<p>Karate classes run every Wednesday between 1.30 -2.30pm</p> <p>Costs: AED 800 per term</p> <p>FS1 TO FS2 ONLY</p>
	<p>Gulf Star are delighted to introduce our ISTD faculty Dance teacher, Miss Joanna to the pupils at Hartland International. Gulf Star continue to offer high quality training in all aspects of dance including Ballet.</p> <p>Miss Joanna is a highly experienced and qualified dance teacher with an exceptional background in teaching ballet and musical theatre to children from a very young age. We are delighted to have her on board and can't wait to get started.</p>	<p>Movement exercises that emphasize straight legs and pointed feet, posture, placement, stretches and comportment of classical ballet. Basic ballet concepts such as 1st and 2nd positions and plié will be introduced. Fun, creative elements such as mime and other imaginative activities will keep the pace of the class lively and engaging.</p> <p>As the classes progress, the elements of Creative movement will be augmented by coordination and sequence-related exercises and floor formations that teach children to remember their movement exercises.</p>	<p>Ballet classes run every Wednesday between 1.30 – 2.30pm</p> <p>Costs: AED 800 per term</p> <p>FS1 TO FS2 ONLY</p>
	<p>Gulf Star offer a variety of classes from beginners to advanced level. Structured classes for boys and girls, working to British Gymnastics standards based on the British Gymnastics proficiency award scheme. Our Team is headed up by our UK Gymnastics coaches who hold minimum level 2 Artistic Gymnastics coaching qualifications with British Gymnastics.</p> <p>Gymnastics is one of the most popular disciplines of the Olympic Games and at the same time one of the most demanding, since it combines strength, skill and flexibility</p>	<p>Gymnasts are taught fundamental skills and receive an early introduction to flexibility and stretching skills and basic techniques for moves such as rolls, handstands, cartwheels, jumps, shapes and the initial steps to the vault run up. They will have fun whilst gaining a good understanding for the sport and can make friends in a safe, friendly environment.</p> <p>Gymnasts progress through an awards scheme based around the British Gymnastics Pre-school Award Scheme. Classes are planned to maximize progression whilst having fun and aim to allow children to reach their own potential.</p>	<p>Gymnastics classes run every Thursday between 1.30 – 2.30pm</p> <p>Costs: AED 800 per term</p>
	<p>IFA Sport is the largest grass roots football business in the UAE. This business also includes the largest coaching academy in the UAE. It coaches more children in more places than any other football academy in the region. It was established four years ago by the current owner and has grown exponentially year on year. It operates in over 20 locations throughout the UAE and has a brand vision to help more kids get more out of football</p> 	<p>Mini Kicks</p> <p>This class will start to introduce some of the basic techniques required for the game and your child will begin to understand the basic elements of the game defending, passing and attacking. The pitches are set up smaller with fewer players so everyone gets more touches of the ball, increasing enjoyment and participation.</p> <p>All IFA coaches are English FA or UEFA qualified and use IFA's PROgress+ coaching syllabus</p>	<p>Mini Kicks classes run every Monday between 1.30 – 2.30pm</p> <p>Costs: AED 800 per term</p> <p>FS1 TO FS2 ONLY</p>

	<p><u>ICC ACADEMY CRICKET CUBS PROGRAMME</u> ICC Academy Cricket Cubs programme has been specifically designed for 3 to 6 years' olds that provides perfect Introduction to the game of cricket. Sessions based around fun and inspiring movements, skills which will enable the little cubs to grow and develop overall personality.</p>	<p><u>Programme Highlights</u></p> <ul style="list-style-type: none"> • Hand-eye coordination • Striking and fielding skills • Confidence and team building • Social interaction • Colors, numeracy and literacy 	<p>ICC Cricket Cubs classes run every Monday between 2.15 – 3.15pm</p> <p>Costs: AED 900 per term</p> <p>FS2 TO FS2 ONLY</p>
	<p>Golden Eagle Martial Arts was established in 2010 by 6th Dan Black Belt Master John Duval.</p> <p>Classes are structured in such a way that all can benefit from their teachings and each student will have the opportunity to enhance and improve their abilities.</p> <p>Golden Eagle Martial Arts believes it is their responsibility to deliver and actively implement a health message that will empower to improve each student's wellness and life style.</p>	<p>Kung Fu Panda Jackie Chan, Jet Li and Bruce Lee all studies Chinese Kung Fu. Join our professional highly qualified full time martial artists this term and learn self-defense, focusing, coordination, stamina, agility and more.</p> <p>All team members are international & national certified gold medalists and first aid pediatric certifications. Your children are in safe hands. 2-3 teachers in every class to ensure optimal teachings. Join the best team in the UAE. Download our free APP on Google Play and Apple Store name "Dubai Kids Kung Fu" www.dubaikidskungfu.com</p>	<p>Kung Fu classes run every Sunday between 1.30 – 2.30pm</p> <p>Costs: AED 800 per term</p> <p>FS1 TO FS2 ONLY</p>

ALSO, available through Gulf Star

	<p>Gulf Star Multi Activity Camps</p> <p>Gulf Star will also be running their very popular multi activity holiday camp during every break in term.</p> <p>The camp is available to all students at Jebel Ali Primary School Key Stage One and Two. It is also available to outside families too.</p> <p>Visit www.facebook.com/gulfstarsports to see recent holiday camp images and videos</p>	<p>Activities include Swimming, Football, Basketball, Cricket, Tag-Rugby, Dodgeball, Kick-Ball, Gymnastics, Performing Arts, Martial Arts, and Arts & Crafts etc.</p> <p>It features all the viral holiday camp games like Kick-Ball, Rob-the-nest, Capture the Flag, King of the Ring, Runaround, and British Bulldog.</p> <p>It also includes special features including Gulf Star's Got Talent, Wacky Wednesdays and Tournament days.</p>	<p>Costs: AED 800 for one child per week or AED 1400 for two weeks or two children.</p> <p>Special early book for just AED 650 per child per week</p> <p>Day rates available but not discounted</p> <p>For more information or to book onto camp contact us on the details attached.</p>
	<p>Helping students unlock their learning potential through Neuro Linguistic Programming is Tony Barlow – the learning Coach.</p> <p>Teaching Younger kids, the mental skills they need to succeed in school. Making Learning Fun, easier and boosting child confidence.</p>	<p>1 to 1 coaching available at the school, contact Tony for more details or to set-up a free consultation.</p> <p><i>"When you uncover a child's unconscious thinking process, it becomes obvious why they are struggling or why they learn so quickly. Learning quickly is a skill, a mental skill, which <u>can be taught!</u>"</i> Tony Barlow</p>	<p>Tony Barlow The Learning Coach</p> <p>P.O.Box 487180, Dubai, UAE tony@thelearningcoachonline.com +971 50 812 6383</p> <p>www.thelearningcoachonline.com</p>